

SIZING

Chef Works has the perfect fit for you. We've provided you with three easy-to-follow steps outlined below.

Please note our proprietary designs give Chef Works garments individual fits to allow for maximum comfort and function.

FIND YOUR PERFECT FIT IN 3 EASY STEPS

- 1** | How do you want your garment to fit? Choose your fit from the color-coded charts shown on the next few pages.
- 2** | What are your measurements? All of our garment size charts refer to actual chest, waist or hip measurements. Match yours to our charts to find your size.
- 3** | Pick your garment!

MEASUREMENT GUIDELINES

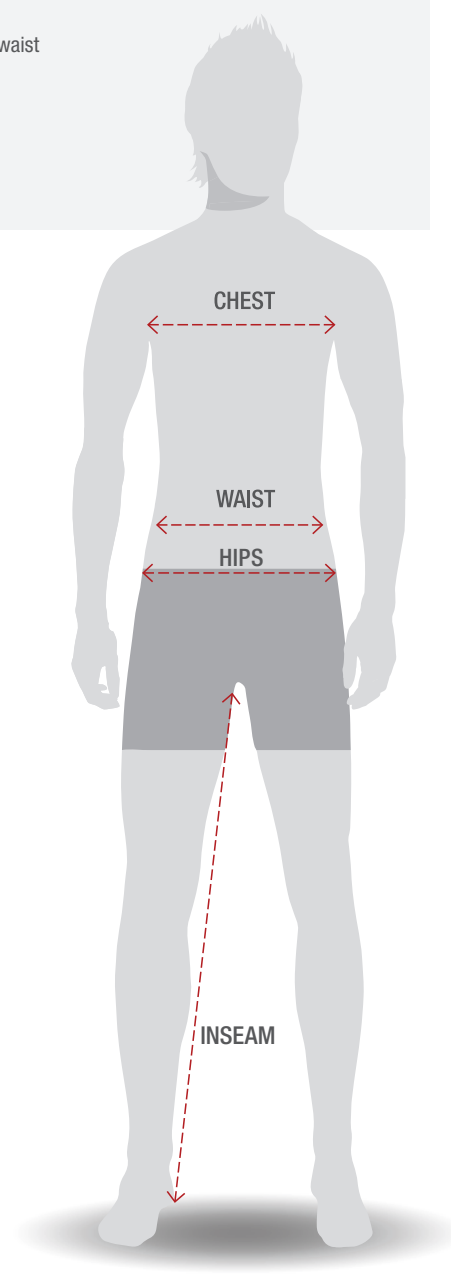
To get the best fit, stand straight and relax. With a measuring tape, use the illustration shown at the right as a guide and follow instructions below.

CHEST: Measure all the way around your body from the fullest part of the chest/bust with your arms down.

WAIST: Measure around your natural waistline above the hips.

HIPS: Measure around the widest part of your hips.

INSEAM: Measure from the base of the crotch to the bottom of your heel.





MEN'S SIZING

MEN'S COATS

COAT FITS	MF	Modern Fit Tailored fit, cut slim through the chest and body.										
	CF	Classic Fit Wider cut through the chest; wider sleeves for increased flexibility.										
	GF	Generous Fit Loosest fit, cut extra-wide through the body and sleeves.										
1	MEN'S/UNISEX COATS (ALPHA)											
	Chest (in)	32/34	36/38	40/42	44/46	48/50	52/54	56/58	60/62	64/66	68/70	72/74
	Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL
	Chest (cm)	81/86	91/97	102/107	112/117	122/127	132/137	142/147	152/157	163/168	173/178	183/188
2	MEN'S/UNISEX COATS (NUMERIC)											
	Chest (in)	30	32	34	36	38	40	42	44	46	48	50
	Size	30	32	34	36	38	40	42	44	46	48	50
	Chest (cm)	76	81	86	91	96	102	107	115	117	122	127
	MEN'S/UNISEX COATS CONT'D (NUMERIC)											
	Chest (in)	52	54	56	58	60	62	64	66	68		
	Size	52	54	56	58	60	62	64	66	68		
Chest (cm)	132	137	142	147	152	157	163	168	173			

MEN'S SHIRTS

SHIRT FITS	MF	Modern Fit Tailored fit, cut close through the chest, slimmed sleeves.										
	CF	Classic Fit Broadly cut across the shoulders, cut wide through the chest and body, loose-fitting sleeves.										
	FF	Form Fit A polished fit with stretch fabrics that silhouette the body.										
1	MEN'S/UNISEX SHIRTS											
	Chest (in)	32/34	36/38	40/42	44/46	48/50	52/54	56/58	60/62	64/66	68/70	72/74
	Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL
	Chest (cm)	81/86	91/97	102/107	112/117	122/127	132/137	142/147	152/157	163/168	173/178	183/188